



# Checklist

## MODULE 2

### Section One

#### *The Role of an Infant and Early Childhood Mental Health Consultant*

##### **KNOW:**

Read through Section One content.

Review the handout titled “Types of Consultation Services” at [https://www.samhsa.gov/sites/default/files/programs\\_campaigns/IECMHC/types-consultation-services.pdf](https://www.samhsa.gov/sites/default/files/programs_campaigns/IECMHC/types-consultation-services.pdf).

Read the handout titled “Qualifications of an Infant and Early Childhood Mental Health Consultant” at [https://www.samhsa.gov/sites/default/files/programs\\_campaigns/IECMHC/qualifications-infant-early-childhood-mental-health-consultant.pdf](https://www.samhsa.gov/sites/default/files/programs_campaigns/IECMHC/qualifications-infant-early-childhood-mental-health-consultant.pdf).

Review the resource titled, *About Infant and Early Childhood Mental Health Consultation*, at [https://www.samhsa.gov/sites/default/files/programs\\_campaigns/IECMHC/about-infant-and-early-childhood-mental-health-consultation.pdf](https://www.samhsa.gov/sites/default/files/programs_campaigns/IECMHC/about-infant-and-early-childhood-mental-health-consultation.pdf).

Review the resource titled, *Center of Excellence for Infant and Early Childhood Mental Health Consultation Competencies*, at [https://www.samhsa.gov/sites/default/files/programs\\_campaigns/IECMHC/infant-early-child-mental-health-consult-competencies.pdf](https://www.samhsa.gov/sites/default/files/programs_campaigns/IECMHC/infant-early-child-mental-health-consult-competencies.pdf).

Read the Zero to Three May 2013 article “Toward common guidelines for training, compartment, and competence in early childhood mental health consultation.”

##### **A CLOSER LOOK AT MICHIGAN:**

Access the website for the Michigan Association of Infant Mental Health (MI-AIMH) at <https://mi-aimh.org/> to learn more about its endorsement process.

##### **SEE:**

Watch the video clip (Veronica) at <https://eclkc.ohs.acf.hhs.gov/mental-health/learning-module/mental-health-consultation-tool> on Head Start’s “The Mental Health Consultation Tool” webpage, (Child and Family, Common Understanding)

##### **DO:**

Complete the activity “What Do You Know,” found within Head Start’s “The Mental Health Consultation Tool” webpage (Role, Common Understanding) at <https://eclkc.ohs.acf.hhs.gov/mental-health/learning-module/mental-health-consultation-tool>.



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## MODULE 2

### Section One

#### *The Role of an Infant and Early Childhood Mental Health Consultant (cont.)*

#### **REFLECTION:**

Take time to review and complete the Infant and Early Childhood Mental Health Consultation Competency Self-Assessment, share the information with your supervisor and schedule a time to discuss with the state coordinator, located in Appendix A.

#### **DIGGING DEEPER:**

Read through the article titled, *The Consultation Relationship—From Transactional to Transformative: Hypothesizing About the Nature of Change*.

Read Chapter One (Principles, Practices, and the Consultative Stance) of the book titled, *Mental Health Consultation in Child Care: Transforming Relationships Among Directors, Staff, and Families*.

Work through Tutorial 2: Fostering a Positive Attitude Toward Early Childhood Mental Health at [https://www.ecmhc.org/tutorials/defining/mod2\\_2.html](https://www.ecmhc.org/tutorials/defining/mod2_2.html). Focus specifically on Module 2, *Roles 1, 2 and 3*, within Tutorial 2.



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## MODULE 2

### Section Two

## Michigan's Infrastructure and State-Level Support

### KNOW:

Read through Section Two content.

Access and review the Infant and Early Childhood Mental Health Resource List from ZERO TO THREE at <https://www.zerotothree.org/resources/2195-think-babies-infant-and-early-childhood-mental-health-resource-list>.

### A CLOSER LOOK AT MICHIGAN:

Access the Michigan Department of Health and Human Services website at [https://www.michigan.gov/mdhhs/0,5885,7-339-71550\\_2941\\_4868\\_7145-14659--,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_4868_7145-14659--,00.html).

Review the Michigan 0-8 Social and Emotional Toolkit at [https://www.michigan.gov/mdhhs/0,5885,7-339-71550\\_2941\\_4868\\_7145\\_64838---,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_4868_7145_64838---,00.html).

### SEE:

Watch the video *Systems: Collaboration as an Ongoing Commitment to Implementation and Innovation*, at [https://www.youtube.com/watch?v=n9A-xL7NsH8&feature=youtu.be&list=PLBXgZMI\\_zqfSphRqkJQKvaNZmKtaBOB25](https://www.youtube.com/watch?v=n9A-xL7NsH8&feature=youtu.be&list=PLBXgZMI_zqfSphRqkJQKvaNZmKtaBOB25).

Watch the video *Systems: Colorado Case Study*, at [https://www.youtube.com/watch?v=-m5ai8blaPRA&feature=youtu.be&list=PLBXgZMI\\_zqfSphRqkJQKvaNZmKtaBOB25%3F](https://www.youtube.com/watch?v=-m5ai8blaPRA&feature=youtu.be&list=PLBXgZMI_zqfSphRqkJQKvaNZmKtaBOB25%3F).

### DO:

Review the state-level technical assistance document *The Michigan IECMHC Model Fidelity Checklist for Supervisors* with your supervisor, located in Appendix A.

### REFLECTION:

Use the handout, *Pre & Post Shadowing Experience: Infant and Early Childhood Mental Health Consultation*, for your cross-county shadowing experience of another consultant.

Complete the activity with reflection questions found within Head Start's "The Mental Health Consultation Tool" webpage (Systems – Area of Focus (view Collaboration and Strategic Partnerships) at <https://eclkc.ohs.acf.hhs.gov/mental-health/learning-module/mental-health-consultation-tool>

### DIGGING DEEPER:

Review the document titled, *Training and Workforce Development Activities that Prepare and Support IECMH Consultants* at [https://www.samhsa.gov/sites/default/files/programs\\_campaigns/IECMHC/training-workforce-dev-activities-prepare-support-iecmhc-consultants.pdf](https://www.samhsa.gov/sites/default/files/programs_campaigns/IECMHC/training-workforce-dev-activities-prepare-support-iecmhc-consultants.pdf)



# Checklist

## MODULE 2

## Section Three

### Developing Partnerships

#### KNOW:

Read through Section Three content.

Think about partnerships you have developed and had in your own life. How would you describe these partnerships? What words, thoughts and feelings come to mind?

#### SEE:

Watch the video clip (Child and Family, Paula) at <https://eclkc.ohs.acf.hhs.gov/mental-health/learning-module/mental-health-consultation-tool> on Head Start's "The Mental Health Consultation Tool" webpage.

#### DO:

Review information and work through the activities within The Center for Early Childhood Mental Health Consultation, Tutorial 5, Module 2: Key Elements of and Practices Associated with Strengthening Family Partnerships within ECMHC Programs, [https://www.ecmhc.org/tutorials/family-engagement/mod2\\_0.html](https://www.ecmhc.org/tutorials/family-engagement/mod2_0.html).

Consider why you entered into the field of infant and early childhood mental health consultation. Take five minutes to free-write in response to this and share this information with a colleague or your supervisor.

#### REFLECTION:

Read the article, located in your handouts found in Appendix B, The Dance of Partnership: Why Do My Feet Hurt. What new insights do you have about developing partnerships?

Work through the reflection activities within The Center for Early Childhood Mental Health Consultation, Tutorial 5, Module 1: Setting the Stage for Partnerships (Entering a Partnership with Families section), [https://www.ecmhc.org/tutorials/family-engagement/mod1\\_6.html](https://www.ecmhc.org/tutorials/family-engagement/mod1_6.html). Share your reflections with your supervisor.

#### DIGGING DEEPER:

Review resources made available through the U.S. Department of Health and Human Services, Substance Abuse and Health Services Administration, by the Center of Excellence for Infant and Early Childhood Mental Health Consultation. at <https://www.samhsa.gov/iecmhc/toolbox/communications>.

